

CHRISTINE S. AIKEN, Ph.D.

**2450-A Old Shell Road
Mobile, Alabama 36607
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EDUCATION

Ph.D., Clinical Psychology, 2010

The Catholic University of America, Washington, DC

-Doctoral Dissertation, defended with Honors, 2003

"Observed Interaction in Families of Adolescent Suicide Attempters"

-Predoctoral Internship, VA Gulf Coast Veterans Health Care System, Biloxi, MS, 2009-2010

Erwin L. Shatus, Ph.D. Outstanding Psychology Resident Award

M.A., Clinical Psychology, 1998

The Catholic University of America, Washington, DC

Thomas Verner Moore Scholarship, 1994-1997

B.A., Psychology, 1990

Yale University, New Haven, CT

Magna Cum Laude, with Distinction in the Major

LICENSURE

Psychologist License #1659, State of Alabama, 3/11 - Present

Psychologist License #51901, State of Mississippi, 4/12 - Present

CLINICAL EXPERIENCE

Jefferson Neurobehavioral Group

2450-A Old Shell Road, Mobile, AL 36607

Private Practice Psychologist, 1/12 - Present

-Outpatient psychological assessment and psychotherapy with a focus on treatment of adults with chronic pain, work injuries, and trauma-related symptoms.

VA Gulf Coast Veterans Health Care System

790 Veterans Way, Pensacola, FL 32507

Staff Psychologist, Home Based Primary Care (HBPC) Program, 11/10 - 5/12

-Served on interdisciplinary team providing care in the homes of Veterans with complex, chronic disease.

-Assessed and treated depression, anxiety, and adjustment disorders, as well as subclinical problems (e.g., chronic pain, grief, weight-related concerns), with an emphasis on time-limited, evidenced-based therapeutic approaches.

-Received extensive training and consultation in the use of Acceptance and Commitment Therapy (ACT), a mindfulness-based treatment for a variety of clinical problems.

- Screened for cognitive deficits and conducted neuropsychological assessments to address specific functional questions, as requested by the HBPC team.
- Provided psychological services to family members of Veterans, to reduce caregiver burden and maximize Veteran functioning within the home.

Member, Training Faculty, APA Accredited Predoctoral Internship, 11/10 – 5/12

- Served on Supervision Subcommittee, charged with clarifying guidelines for training supervisors.
- Served on Internship Steering Committee, in role of Rotation/Practicum Coordinator for 2011-2012 training year.

Co-Chair, VA Gulf Coast Pain Management Committee, 5/11 – 5/12

- Assisted in the development, execution, and monitoring of VA Gulf Coast pain management policy and programming.
- Participated in Interdisciplinary Pain Team Training offered by the CARF-accredited Tampa VA Chronic Pain Rehabilitation Program, 6/11.

VA Gulf Coast Veterans Health Care System

400 Veterans Avenue, Biloxi, MS 39531

Psychology Intern, 8/09 – 7/10

APA Accredited Predoctoral Internship offering opportunities for subspecialization within a range of clinical training experiences.

- **Home Based Primary Care (HBPC)**
Please see HBPC duties, described above.
- **Behavioral Medicine Chronic Pain Clinic**
 - Assisted with weekly Behavioral Chronic Pain Management psychoeducational groups, teaching cognitive-behavioral strategies for self-management of chronic pain.
 - Led group sessions focused on “Chronic Pain and Anger” and “Chronic Pain and Depression.”
- **Outpatient Mental Health Clinic**
 - Served on interdisciplinary team providing outpatient mental health services to Veterans referred from all areas of the health care system.
 - Performed intake assessments, comprehensive suicidal patient evaluations, treatment planning, individual and group psychotherapy, and consultation duties.
 - Led (and co-led) weekly depression process groups, Dialectical Behavior Therapy (DBT) groups, and skills training groups for anger management and anxiety.
 - Facilitated “Women’s Coping Resource Group” focused on promoting recovery from military sexual trauma (MST). Identified and screened participants.
- **Posttraumatic Stress Disorder Clinic**
 - Served on interdisciplinary team providing outpatient services to Veterans challenged by both acute and sustained traumatic stress.

-Performed diagnostic intake assessments, treatment planning, individual and group psychotherapy. Conducted psychoeducational groups on a range of PTSD-related topics.

- **Inpatient Psychiatry**

- Served on interdisciplinary team providing inpatient services to Veterans exhibiting florid presentations of a variety of psychiatric disorders.
- Conducted diagnostic and brief neurological assessments.
- Co-led psychoeducation and skills training groups and provided time-limited individual psychotherapy.
- Participated in patient staffings, with a focus on treatment and discharge planning.

- **Process Improvement Project: Assessment and Tracking of Veterans at High Risk for Suicide**

- Developed suicide risk screening and re-screening measures, for use by social workers in the Psychosocial Residential Rehabilitation and Treatment Program (PRRTP).
- Prepared Standard Operating Procedure (SOP) memorandum regarding management of suicidal Veterans in this program.
- Presented Grand Rounds on an empirically supported suicide risk management approach: "Collaborative Assessment and Management of Suicidality" (Jobes, 2000).
- Provided individual psychotherapy and case management services to a subset of Veterans included on the VA High Risk for Suicide list.
- Co-facilitated training of primary care providers regarding procedures for identifying and managing at-risk Veterans.
- Served on Director-appointed Aggregate Review Team, examining factors involved in Veteran suicide attempts/completions occurring during the preceding year. Worked with Suicide Prevention Coordinators to formulate recommendations, based on review findings.

- **Employee Assistance Program**

- Provided on-call psychological assistance to employees of the VA Gulf Care Health Care System.
- While serving as Chief Intern, responsible for coordinating the EAP response to the Deepwater Horizon oil spill in the Gulf of Mexico.

Private Practice, Jake Epker, Ph.D.

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Clinical Trainee, 1/04 - 5/04

-Psychological testing and observation of behavioral medicine assessments, with focus on psychological impact of physical injury and chronic physical pain.

Northwest Center for Community Mental Health

1850 Cameron Glen Drive, Suite 600, Reston, VA 20190

Psychology Extern, 9/96 - 7/97

- Conducted weekly, individual psychotherapy sessions with children and adults.
- Co-led social skills group for latency age boys and adjunct parenting group.
- Completed comprehensive neuropsychological assessments.

Children's National Medical Center, ADHD and Disruptive Behavior Disorders Clinic

14801 Physicians' Lane, Suite 173, Rockville, MD 20850

Psychology Extern, 5/96 - 8/96

- Conducted intake interviews and psychodiagnostic testing.
- Planned and co-led children's social skills training group.
- Co-led group for parents of children with disruptive behavior disorders.

University Counseling Center

The Catholic University of America, 620 Michigan Ave., N.E, Washington, DC 20064

Practicum in Individual Psychotherapy, 9/95 - 5/96

- Conducted weekly individual psychotherapy sessions with clients from the university community.

Texas Department of Human Services

1413 E. Corral, Kingsville, TX 78363

Child Protective Services Caseworker, 8/91 - 8/92, 2/93 - 4/93

- Investigated abuse and neglect allegations.
- Provided in-home services and counseling to abusive/neglectful families.
- Worked with foster parents, therapists, schools, law enforcement agencies and physicians to coordinate services for clients.
- Prepared extensive home studies.
- Conducted videotaped interviews for use in courts. Testified in court.

Adolescent Stress Treatment Center

Baptist Hospital, 1000 W. Moreno St., Pensacola, FL 32501 (850-434-4011)

Psychiatric Technician (inpatient services), 10/90 - 3/91

- Served as member of multidisciplinary treatment team. Worked with adolescent inpatients both individually and in groups.
- Assisted in stabilization of suicidal and violent patients.
- Invited to join Center's Professional Standards Committee.

RESEARCH EXPERIENCE

Center for Family Psychology

The Catholic University of America, 620 Michigan Ave., N.E, Washington, DC 20064

Research Assistant, 9/94 - 4/00

Focus: Family risk factors for attempted suicide in adolescence

- Conducted extensive clinical assessments in NIMH-funded longitudinal study of adolescent suicide attempters, psychiatric controls, and their parents.
- Modified coding system to assess emotional and problem-solving communication in videotaped family interactions. Work led to doctoral dissertation, "Observed Interaction in Families of Adolescent Suicide Attempters," defended with Honors, 2003.
- Collaborated with research team members in data analysis and interpretation of findings, resulting in several professional papers and presentations.
- Trained new clinical interviewers and data coders.

The National Institute for Healthcare Research

Rockville, MD 20850

Assistant, 9/93 – 8/94

Focus: Religious/spiritual factors in mental and physical health

- Assisted in preparation of annotated bibliography of research concerning the impact of religion/spirituality on mental and physical health.
- Assisted in writing grant proposals.

The Yale Child and Adolescent Psychiatric Study Center

230 South Frontage Rd., New Haven, CT 06520

Interviewer, 1/90 – 6/90

Focus: Structured diagnostic interviewing with children and adolescents

- Conducted structured diagnostic interviews for methodological study to refine the DISC, the Diagnostic Interview Schedule for Children.

Yale University Psychology Department

2 Hillhouse Ave., New Haven, CT 06520

Research Assistant, 1/87 – 5/87

Focus: Social problem-solving skills of middle school students

- Conducted one-on-one interviews and administered group tests.
- Processed data and participated in data evaluation.

TEACHING EXPERIENCE

The Catholic University of America

The Catholic University of America, 620 Michigan Ave., N.E, Washington, DC 20064

Teaching Assistant, 9/95 – 12/95

Focus: Research Methods in Psychology (graduate level)

- Lectured on self-report methodology and questionnaire design.
- Conducted review sessions and met individually with students to discuss course.

PRESENTATIONS AND PUBLICATIONS

Aiken, C., Wagner, B., & Martucci, J. (2012, April). *Observed interactions in families of adolescent suicide attempters*, Paper presented at the annual meeting of the American Association of Suicidology, Baltimore, MD.

Wagner, B. M., **Aiken, C.,** & Zimmerman, J. H. (2005, April). *Prospective prediction of adolescent suicidal behavior from observed family interaction*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.

Wagner, B.M., **Aiken, C.,** & Zimmerman, J.H. (2004, March). *Observed interactions in families of adolescents who have attempted suicide*. Paper presented at the biennial meetings of the Society for Research in Adolescence, Baltimore, MD.

Christine S. Aiken, Ph.D.

Wagner, B. M., **Aiken, C.**, Mullaley, P. M., & Tobin, J. (2000). Parents' reactions to adolescents' suicide attempts. *Journal of the American Academy of Child and Adolescent Psychiatry, 39*, 429-436.

Hustead, L. A., Wagner, B. M., Tobin, J. J., **Aiken, C.**, & DeSousa, J. (1996, April). *Daily activities of adolescent suicide attempters*. Paper presented at the annual meeting of the American Association of Suicidology, St. Louis, MO.

Wagner, B. M., Schuman, P. M., Tobin, J. J., & **Aiken, C.** (1996, April). *Can teen suicide attempts have a family function?* Paper presented at the annual meeting of the American Association of Suicidology, St. Louis, MO.

Wagner, B. M., & **Aiken, C.** (1995, May). *Parents' reactions to adolescent suicide attempts*. Paper presented at the annual meeting of the American Association of Suicidology, Phoenix, AZ.

REFERENCES AVAILABLE UPON REQUEST