

# Laurie Z. Darling, PhD



Laurie Z. Darling, PhD is a licensed clinical psychologist and native of New Orleans. She earned her Masters and PhD in Medical/Clinical Psychology from University of Alabama at Birmingham, with intensive training in behavioral medicine, clinical psychology, and health psychology.

Her practice emphasizes the use of empirically supported, evidence-based approaches

to assessment and treatment with children, adults, and older adults.

Dr. Darling provides individualized assessment related to ADHD, learning disorders, behavior disorders, and giftedness. She also conducts pre-procedural evaluations for medical interventions pertaining to weight loss and fertility.

In addition, Dr. Darling offers intervention and treatment within a cognitive-behavioral framework to help individuals overcome struggles in a variety of areas including worry/anxiety, depression, stress, women's issues, and emotional difficulties associated with medical conditions.

Licensed in Louisiana and Alabama, Dr. Darling maintains professional affiliations with the Louisiana and American Psychological Associations. 

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