

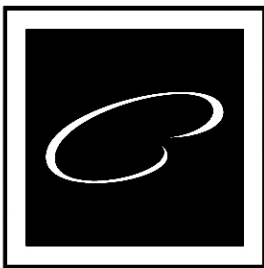
JEFFERSON NEUROBEHAVIORAL GROUP

CLINICAL PSYCHOLOGY • NEUROPSYCHOLOGY • BEHAVIORAL MEDICINE
RESEARCH - ASSESSMENT - INTERVENTION - FORENSIC CONSULTATION - REHABILITATION

Patient Problem Survey

Below is a list of problems people sometimes have. Please read each one carefully and check which best describes how much that problem has bothered you *during the past seven days*.

	How much are you distressed by:	Not at all	A little bit	Moderately	Quite a bit	Extremely
1	Crying easily					
2	Thoughts of ending your life					
3	Planning to end your life					
4	Blaming yourself for things					
5	Feeling depressed					
6	Loss of sexual interest or pleasure					
7	Change in appetite					
8	Feeling no interest in things					
9	Feeling hopeless about the future					
10	Feelings of worthlessness					
11	Feelings of guilt					
12	Change in sleep pattern					
13	History of hyperactivity					
14	Avoiding family, friends, and other social activities					
15	Fears about gaining weight or becoming fat					
16	Restricting food to lose weight					
17	Vomiting or using laxatives to lose weight					
18	Impulsive behaviors					
19	Periods of intense and/or excessive spending					
20	Periods of racing thoughts					
21	Repeated unpleasant thoughts that won't leave					
22	Trouble remembering things					
23	Difficulty concentrating					
24	Difficulty making decisions					
25	Having to repeat the same actions such as "checking, counting, or washing"					



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	How much are you distressed by:	Not at all	A little bit	Moderately	Quite a bit	Extremely
26	Trouble in your job					
27	Nervousness or shakiness inside					
28	Uncontrollable worrying					
29	Trembling					
30	Heart pounding or racing					
31	Episodes of terror or panic					
32	Feeling that something bad is going to happen					
33	Feeling fearful of specific situations					
34	Feeling afraid to leave your house					
35	Uncomfortable around new people/situations					
36	Feeling easily annoyed or irritated					
37	Temper outbursts that you could not control					
38	Having urges to beat, injure, or harm someone					
39	Feeling others are to blame for your troubles					
40	Feeling that you are watched or talked about by others					
41	The idea that someone else controls your thoughts					
42	Hearing voices that other people do not hear					
43	Other people being aware of your private thoughts					
44	Having thoughts that are not your own					
45	The idea that you should be punished for your sins					
46	The idea that something serious is wrong with your body					
47	Headaches					
48	Nausea or upset stomach					
49	Constipation or diarrhea					